 June 2019

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | 8:30 am Coaches mtg. in Springfield |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|  | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice |  |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|  | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | **Parent Meeting 8:30 am** |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|  | 5-6 Pre-Season Swim practice | 5-6 Pre-Season Swim practice | **5-7 Swimsuit Fitting**  **Parent Mtg. 7 pm**  5-6 Pre-Season Swim practice | NO PRACTICE | NO PRACTICE |  |
| 23 | 24 | 25  H | 26 | 27 | 28 | 29 |
| 30  MORNING PRACTICE TIMES: 8 and under 8:00- 8:40 am  9-10 year olds 8:00 – 9:00 am  11 and older 9:00 – 10:00 am  Meet warm-up time will be provided by the coaches in advance of each meet. | 5-6 Swim practice | **6pm Home Meet v. E. Hanover** | **Regular morning practices begin!**  6-7pm all ages | Regular practices  **6pm Meet at Verona** | Regular practices |  |

 July 2019

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 30 | 1 | 2 | 3 | 4th of July | 5 | 6 |
|  | Regular practices  **6pm at Millburn** | Regular practices | Regular practices  **6pm Home Meet v. Millburn** |  | Regular practices |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | Regular practices  6-7pm all ages | Regular practices  **6pm Home Meet v. Cedar Grove** | Regular practices  **6pm Meet at E Hanover** | Regular practices | Regular practices |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  | Regular practices  6-7pm all ages | Regular practices  **6pm Home Meet v. Verona** | Regular practices  **6pm Meet at Cedar Grove** | Regular practices | Regular practices |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | **Divisionals at East Hanover** |  |  | **Meet of Champions**  **Awards/Party 5 – 8pm** |  |  |
| 28 | 29 | 30 | 31 |  |  |  |
|  |  | **Meets start at 6pm (warm up time will be communicated before the meet)**  PRACTICE TIMES: 8 and under 8:00- 8:40 am  9-10 year olds 8:00 – 9:00 am  11 and older 9:00 – 10:00 am  Meet warm-up times will be provided by the coaches in advance of each meet. |  |  |  |  |